

**IMPORTANT 9<sup>th</sup> Grade DATES:**  
**2008 Blue Devil Football – “Finish First!!”**

**July 18<sup>th</sup> (Fri.) – 6:00p.m. – 8:30p.m.** Lift-A-Thon/Family Reunion Night (Downtown Norcross)  
Players Report @ 5:30

**WEEK 1:** Lineman have TT1 everyone else has WT

**July 21<sup>st</sup> (Mon.) – 7:00a.m.-12:00p.m.** TT1 Finale and Weight Training (8:30a.m.)

**July 22<sup>nd</sup> (Tues.) – 7:00a.m.-12:00p.m.** TT1 Finale and Weight Training (8:30a.m.)

**July 23<sup>rd</sup> (Wed.) – 7:00a.m.-12:00p.m.** TT1 Finale and Weight Training (8:30a.m.)

**July 24<sup>th</sup> (Thurs.) – 7:00a.m.-12:00p.m.** TT1 Finale and Weight Training (8:30a.m.)

**July 25<sup>th</sup> (Fri.) –** Weight Training (8:30a.m.)

**Week 2**

**July 28<sup>th</sup> (Mon.) - PLAYERS REPORT @ 10:00a.m.** (Those who have been at WT this summer)  
Blue Devil Challenge 10:00a.m. – 12:00p.m.  
Lunch 12:30p.m. – 1:30p.m.

**July 30<sup>th</sup> (Wed.) - ALL PLAYERS REPORT @ 8:00a.m.**  
8:00a.m. – 10:00a.m. Handout Equipment  
10:00a.m. – 10:45a.m. Team Meeting  
11:00a.m. – 12:30a.m. Make up testing for everyone

**July 31<sup>st</sup> (Thurs.) – AM Practice:** Players Report @ 7:30 a.m. Pickup @ 11:45 a.m. (Lunch Provided)  
Player Treatment @ 6:00 a.m. (**Shorts**)

**August 1<sup>st</sup> (Fri.) – AM Practice:** Players Report @ 7:30 a.m. Pickup @ 11:45 a.m. (Lunch Provided)  
Player Treatment @ 6:00 a.m. (**Shells**)

**August 2<sup>nd</sup> (Sat.) – Picture Day (All Players)** Report @ 7:45 a.m.

**WEEK 3:**

**August 4<sup>th</sup> (Mon.) – PM Practice:** Players Report @ 4:30 p.m. (**Shells**) Pickup @ 8:00p.m.

**August 5<sup>th</sup> (Tues.) – AM Practice:** Players Report @ 7:30a.m. Pickup @ 11:45 a.m. (Lunch Provided)  
Player Treatment @ 6:00 a.m. (**Shells**)

**August 6<sup>th</sup> (Wed.) - AM Practice:** Players Report @ 7:30 a.m. Pickup @ 11:45 a.m. (Lunch Provided)  
Player Treatment @ 6:00 a.m. (**Full Pads**)

**August 7<sup>th</sup> (Thurs.) - No 9<sup>th</sup> Grade Practice. Registration @ 7:30am**

**August 8<sup>th</sup> (Fri.) - AM Practice:** Players Report @ 7:30a.m. Pickup @ 11:45 a.m. (Lunch Provided)  
Player Treatment @ 6:00 a.m. (**Full Pads**)

**WEEK 4:**

**August 11<sup>th</sup> (Mon.) – FIRST DAY OF SCHOOL – Regular Practice Everyday Afterschool (**Full Pads**)**  
**Pick up @ 6:30 p.m.**