

Norcross Football Lift-A-Thon 2010

“A Night of Champions”

What is Lift-A-Thon?

This is a major fundraiser for the Norcross High School football team. It consists of each player maxing out on 3 major lifts: Bench Press, Squat, and Power Clean. Before the player lifts, they get donations for the total weight lifted.

How much money do players have to raise?

Each player is asked to raise \$250 or more for Lift-A-Thon. Players have to get this by securing donations for their total weight lifted.

Where does the money go?

The money is used to buy new football equipment, training equipment, pre-game meals, and other important football needs.

What do I get for doing my part?

All players that turn in \$250 will receive two Norcross football shirts, a pair of shorts, sweat pants, sweat shirt, and a nice bag to carry their belongings. Any player raising \$500 will get the Lift-A-Thon Sweat Package and free football cleats.

When and where will the lift-a-thon take place?

Lift-A-Thon will take place Friday, July 16th from 5-8 PM. It will be held in downtown Norcross at Thrasher Park.

Who do I ask to be a sponsor or for donations?

All relatives, neighbors, family friends, and parents' co-workers

When do I need to turn in the money I have raised?

All money needs to be turned in by Saturday, August 7th. This is the same day as Picture Day.