



# December 2009

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
		WT	WT	WT		
6	7	8	9	10	11	12
	WT	WT	WT	WT		
13	14	15	16	17	18	19
			1 & 2 Period Exams	3 & 4 Period Exams	5 & 6 Period Exams	
20	21	22	23	24	25	26
	Winter Break Begins: WT 9:00-11:00am		WT 9:00-11:00am			
27	28	29	30	31		
	WT 9:00-11:00am		WT 9:00-11:00am			

**“Finish First!!”**

**Norcross  
Football**

**Home of the  
Blue Devils**

**2006  
7-A AAAA  
Region Champions**

**2007  
7-A AAAA  
Region Champions**

**Norcross High School  
5300 Spalding Drive  
Norcross, Georgia 30092**

**Fieldhouse Numbers:  
770 582 7508  
770 447 2658**



# January 2010

	SUN	MON	TUE	WED	THU	FRI	SAT
<b>"Finish First!!"</b>  <b>Norcross Football</b>  <b>Home of the Blue Devils</b>	<b>TT3: Toughness Training for ALL Linemen 6:10am</b>	<b>Weight Training Hours (WT): 2:30-3:30pm</b>				<b>1 New Year's Day: School Closed</b>	<b>2</b>
	<b>3</b>	<b>4 Teacher Work Day</b>	<b>5 TT3 - 6:10am Specialty Speed Training 6:15am WT</b>	<b>6 TT3 6:10am WT</b>	<b>7 TT3 - 6:10am Specialty Speed Training 6:15am WT</b>	<b>8 TT3 6:10am</b>	<b>9</b>
<b>2006 7-A AAAA Region Champions</b>	<b>10</b>	<b>11 TT3 6:10am WT</b>	<b>12 TT3 - 6:10am Specialty Speed Training 6:15am WT</b>	<b>13 TT3 6:10am WT</b>	<b>14 TT3 - 6:10am Specialty Speed Training 6:15am WT</b>	<b>15</b>	<b>16</b>
<b>2007 7-A AAAA Region Champions</b>	<b>17</b>	<b>18 Martin Luther King Jr. Day: School Closed</b>	<b>19 TT3 - 6:10am Specialty Speed Training 6:15am WT</b>	<b>20 TT3 6:10am WT</b>	<b>21 TT3 - 6:10am Specialty Speed Training 6:15am WT</b>	<b>22 TT3 6:10am</b>	<b>23</b>
<b>Norcross High School 5300 Spalding Drive Norcross, Georgia 30092</b>	<b>24</b>	<b>25 TT3 6:10am WT</b>	<b>26 TT3 - 6:10am Specialty Speed Training 6:15am WT</b>	<b>27 TT3 6:10am WT</b>	<b>28 TT3 - 6:10am Specialty Speed Training 6:15am WT</b>	<b>29</b>	<b>30</b>
<b>Fieldhouse Numbers: 770 582 7508 770 447 2658</b>	<b>31</b>						



# February 2010

	SUN	MON	TUE	WED	THU	FRI	SAT
<b>"Finish First!!"</b>  <b>Norcross Football</b>  <b>Home of the Blue Devils</b>		1 WT	2 Linemen and Specialty Speed Training 6:15am WT	3 WT	4 Linemen and Specialty Speed Training 6:15am WT	5	6
	7	8 WT	9 Linemen and Specialty Speed Training 6:15am WT	10 WT	11 Linemen and Specialty Speed Training 6:15am WT	12	13
<b>2006 7-A AAAA Region Champions</b>	14	15 No School	16 Linemen and Specialty Speed Training 6:15am WT	17 WT	18 Linemen and Specialty Speed Training 6:15am WT	19	20
	21	22 WT	23 Linemen and Specialty Speed Training 6:15am WT	24 WT	25 Linemen and Specialty Speed Training 6:15am WT	26	27
<b>Norcross High School</b> <b>5300 Spalding Drive</b> <b>Norcross, Georgia 30092</b>	28						
							<b>Weight Training Hours (WT):</b> <b>2:30-3:30pm</b>
<b>Fieldhouse Numbers:</b> <b>770 582 7508</b> <b>770 447 2658</b>							



# March 2010

	SUN	MON	TUE	WED	THU	FRI	SAT
<b>“Finish First!!”</b>  <b>Norcross Football</b>  <b>Home of the Blue Devils</b>		1 WT	2 Linemen and Specialty Speed Training 6:15am WT	3 WT	4 Linemen and Specialty Speed Training 6:15am WT	5	6
	7	8 WT	9 Linemen and Specialty Speed Training 6:15am WT	10 WT	11 Linemen and Specialty Speed Training 6:15am WT	12 Teacher Work Day	13
<b>2006 7-A AAAA Region Champions</b>	14	15 WT	16 Linemen and Specialty Speed Training 6:15am WT	17 WT	18 Linemen and Specialty Speed Training 6:15am WT	19	20
		21	22 WT	23 Linemen and Specialty Speed Training 6:15am WT	24 WT	25 Linemen and Specialty Speed Training 6:15am WT	26
<b>2007 7-A AAAA Region Champions</b>  <b>Norcross High School</b> <b>5300 Spalding Drive</b> <b>Norcross, Georgia 30092</b>	28	29 WT	30 Linemen and Specialty Speed Training 6:15am WT	31 WT			
							<b>Weight Training Hours (WT):</b> <b>2:30-3:30pm</b>
<b>Fieldhouse Numbers:</b> <b>770 582 7508</b> <b>770 447 2658</b>							



# April 2010

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Team Meeting in the Duke Building 6:20am	2 No School	3
4	5	6	7	8	9	10
	Spring Break	Spring Break	Spring Break	Spring Break	Spring Break	
11	12	13	14	15	16	17
	WT	Linemen and Specialty Speed Training 6:15am WT	WT	Linemen and Specialty Speed Training 6:15am WT		Community Physicals for ALL Athletes 8:00am-12:00pm Cost: \$20.00
18	19	20	21	22	23	24
	Annual Golf Tournament @ Berkeley Hills 1:00pm WT	TEAM Mat Drills 6:15am WT	TEAM Mat Drills 6:15am WT	TEAM Mat Drills 6:15am WT	TEAM Mat Drills 6:15am	
25	26	27	28	29	30	
	TEAM Mat Drills 6:15am WT	TEAM Mat Drills 6:15am WT	TEAM Mat Drills 6:15am WT	TEAM Mat Drills 6:15am WT	TEAM Mat Drills 6:15am	

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# May 2010

SUN MON TUE WED THU FRI SAT

**“Finish First!!”**

**Norcross  
Football**

1

**Home of the  
Blue Devils**

2

3  
**Offensive  
Position  
Meetings  
TBA**

4  
**Defensive  
Position  
Meetings  
TBA**

5  
**Handout Senior  
and Junior  
Equipment  
(afterschool)**

6  
**Handout  
Sophomore  
Equipment  
(afterschool)**

7

8

**2006  
7-A AAAA  
Region Champions**

9

10  
**Varsity and  
9th Grade  
Spring Practice**

11  
**Varsity and  
9th Grade  
Spring Practice**

12  
**Varsity and  
9th Grade  
Spring Practice**

13  
**Varsity and  
9th Grade  
Spring Practice**

14  
**Varsity and  
9th Grade  
Spring Practice**

15

**2007  
7-A AAAA  
Region Champions**

16

17  
**Varsity and  
9th Grade  
Spring Practice**

18  
**Varsity and  
9th Grade  
Spring Practice**

19  
**Varsity and  
9th Grade  
Spring Practice**

20  
**Varsity and  
9th Grade  
Spring Practice**

21  
**Varsity and 9th  
Grade Spring  
Game @ Blue  
Devil Stadium**

22

**Norcross High School  
5300 Spalding Drive  
Norcross, Georgia 30092**

23

24  
**1 & 2 Period  
Exams**

25  
**3 & 4 Period  
Exams**

26  
**Last Day of  
School:  
5 & 6 Period  
Exams**

27  
**Teacher  
Work Day**

28  
**Teacher  
Work Day**

29

**Fieldhouse Numbers:  
770 582 7508  
770 447 2658**

30

31  
**Memorial Day:  
Weight Room  
Closed**





# July 2010

SUN MON TUE WED THU FRI SAT

**“Finish First!!”**

**Norcross  
Football**

**Home of the  
Blue Devils**

**2006  
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Region Champions**

**2007  
7-A AAAA  
Region Champions**

**Norcross High School  
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**Fieldhouse Numbers:  
770 582 7508  
770 447 2658**

1 2 3

4 5 6 7 8 9 10

11 12 13 14 15 16 17

18 19 20 21 22 23 24

25 26 27 28 29 30 31



# August 2010

	SUN	MON	TUE	WED	THU	FRI	SAT
<b>“Finish First!!”</b>	1	2	3	4	5	6	7
<b>Norcross Football</b>							
<b>Home of the Blue Devils</b>	8	9	10	11	12	13	14
<b>2006 7-AAAAA Region Champions</b>	15	16	17	18	19	20	21
<b>2007 7-AAAAA Region Champions</b>	22	23	24	25	26	27	28
<b>Norcross High School 5300 Spalding Drive Norcross, Georgia 30092</b>	29	30	31				
<b>Fieldhouse Numbers: 770 582 7508 770 447 2658</b>							



# September 2010

SUN MON TUE WED THU FRI SAT

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Football**

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**2006  
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Region Champions**

**2007  
7-A AAAA  
Region Champions**

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Norcross, Georgia 30092**

**Fieldhouse Numbers:  
770 582 7508  
770 447 2658**

1 2 3 4

5 6 7 8 9 10 11

12 13 14 15 16 17 18

19 20 21 22 23 24 25

26 27 28 29 30



# October 2010

SUN MON TUE WED THU FRI SAT

**“Finish First!!”**

**Norcross  
Football**

1 2

**Home of the  
Blue Devils**

3 4 5 6 7 8 9

**2006  
7-A AAAA  
Region Champions**

10 11 12 13 14 15 16

**2007  
7-A AAAA  
Region Champions**

17 18 19 20 21 22 23

**Norcross High School  
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Norcross, Georgia 30092**

24 25 26 27 28 29 30

**Fieldhouse Numbers:  
770 582 7508  
770 447 2658**

31



# November 2010

SUN MON TUE WED THU FRI SAT

**“Finish First!!”**

1 2 3 4 5 6

**Norcross  
Football**

**Home of the  
Blue Devils**

7 8 9 10 11 12 13

**2006  
7-A AAAA  
Region Champions**

14 15 16 17 18 19 20

**2007  
7-A AAAA  
Region Champions**

21 22 23 24 25 26 27

**Norcross High School  
5300 Spalding Drive  
Norcross, Georgia 30092**

28 29 30

**Fieldhouse Numbers:  
770 582 7508  
770 447 2658**



# December 2010

SUN MON TUE WED THU FRI SAT

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1 2 3 4

5 6 7 8 9 10 11

12 13 14 15 16 17 18

19 20 21 22 23 24 25

26 27 28 29 30 31